



Rockingham Swimming Club Nominated Meets, Events & Club Time Trials



Summer Season Calendar 2010 /2011

Contact Details for Swim Meets : Sharon Russell 0404018215
 Nicole Gwynne 04703646743
 Club Office (08) 9593 4000
 Email : rockswim@inet.net.au

Key for Calendar

Yellow Highlight	Club Meets – are selected by the Head Coach – for all competitive swimmers to attend from the club. These are usually qualifying meets or fun club meets, where there is less pressure and the aim is fun and club spirit! We aim for 100% attendance of competitive swimmers at these meets.
White background	Optional Meets – will be supported by Head coach if there is a minimum of 8 swimmers. These meets are used purely as additional qualifying opportunities for swimmers trying to achieve State or National times or for extra race practice.
Green Highlight	Open Water Swims – these are nominated swims for swimmers wanting to have a go at Open Water swimming. Swimmers need to be 11+ years on the day of competition. Distances range from 1250m, 2500m, 5000m to 10,000m and are held at beaches and in dams/regattas. Great fun and challenging at the same time. All swimmers Targeting National Open Water will be expected to attend.
Red Writing	SWA Meets – all State competitions will be targeted by the Head Coach for all swimmers who achieve qualifying times. These are compulsory for all qualifiers.
Blue Highlight	Club Open Season, Time Trials and Club Championships are open to all swimmers regardless of whether their status is competitive or recreational. All swimmers are encouraged to participate as this is how trophies are decided and presented at the end of summer season. A season program and entry card will be issued to all club members to enter at least a month before the start of the summer season.
Red background	Club Social events

October 2011		Entry Method & Due Date!
08/10/2011 - 09/10/2011 CLUB MEET	<u>2011 Swimming WA LC Qualifying Meet</u> “This is a Club nominated meet – so we want to see as close to 100% attendance across all squads!”	Online entries due by Mon 26/9/2011 via Swimming WA Website
22/10/2011 OPTIONAL MEET	<u>2011 Southside Penrhos Wesley LC Meet</u> Optional for “Seniors and Juniors chasing qualifying times for HFMF Distance championships – last opportunity!”	Entries to this meet will be Online by Tues 11/10/2011 using the link on the Southside Penrhos Wesley Club website home page: www.sspw.org.au
23/10/2011 CLUB MEET	<u>2011 Bunbury Open Carnival</u> “This is a Club nominated meet – so we want to see as close to 100% attendance across all squads!”	Manual entries (available in Club office & on Club website) Due to the club office by 5.30pm Thurs 6/10/2011
29/10/2011 ALL CLUB SWIMMERS ONLY!	<u>Rockingham Swimming Club – Open Season Carnival</u> “This is a Club nominated event that is closed to just our club members to kick off the start of the summer season – so we want to see as close to 100% attendance across all squads – medals up for grabs for each event – single year age groups! Sausage sizzle, drink and ice cream afterwards for all swimmers.	Manual Entries due by 9.30am 20/10/2011 to the club handicapper/recorder – communications will be forwarded to all members one month before
30/10/2011	<u>Swimming WA Open Water Swim Series - Round 1</u> All swimmers interested in OWS aged 11+	Online entries due by 5.30pm Mon 24/10/2011 via Swimming WA OWS Website
November 2011		Entry Method & Due Date!
01/11/2011 CLUB TIME TRIAL	Club Time Trial #1 (6.15pm start)	By completing season entry card for all Time trials. Available in Club Office.
05/11/2011 - 06/11/2011 QUALIFYING TIMES	<u>2011 Hancock Family Medical Foundation Distance Meet</u> “Compulsory meet for all qualifiers”	Online entries due by 5.30pm Mon 24/10/2011 via Swimming WA Website
8/11/2011	Time Trial #2 (6.15pm start)	By completing season entry card

CLUB TIME TRIAL		for all Time trials. Available in Club Office.
12/11/2011 CLUB NOMINATED MEET	2011 Breakers Swim Meet Club nominated meet for Juniors "This event is targeted at Juniors – however be great to see seniors who may be chasing state/national qualifying times competing also!"	Manual entries (available in Club office & on Club website) Due to the club office by 9.30am Sat 29/10/2011
13/11/2011	Swimming WA Open Water Swim Series - Round 2	Online entries due by 5.30pm Mon 7/11/2011 via Swimming WA OWS Website
15/11/2011 CLUB TIME TRIAL	Time Trial #3	By completing season entry card for all Time trials. Available in Club Office.
19/11/2011	Swimming WA Open Water Swim Series - Round 3	Online entries due by 5.30pm Mon 14/11/2011 via Swimming WA OWS Website
20/11/2011 QUALIFYING TIMES	2011 Swimming WA Club Sprint Championships "Compulsory for all qualifiers"	Online entries due by 5.30pm Mon 7/11/2011 via Swimming WA Website
26/11/2011	Swimming WA Open Water State Championships - Round 4	Online entries due by 5.30pm Mon 22/11/2011 via Swimming WA OWS Website
27/11/2011 OPTIONAL MEET	2011 Arena LC Sprint Carnival "Optional Meet for swimmers chasing qualifying times or extra race experience"	Manual entries (available in Club office & on Club website) Due to the club office by 9.30am Sat 12/11/2011
29/11/2011 CLUB TIME TRIAL	Time Trial #4	By completing season entry card for all Time trials. Available in Club Office.
December 2011		Entry Method & Due Date!
03/12/2011 CLUB MEET	Rockingham Stingrays Dive & Try Meet @ Aqua Jetty "This is a Club nominated meet – so we want to see as close to 100% attendance across all squads!" This is an the best meet for all Novice swimmers and swimmers without AA qualifying times"	Manual entries (available in Club office & on Club website) Due to the club office by 9.30am Sat 26/12/2012
06/12/2011 CLUB TIME TRIAL	Time Trial #5	By completing season entry card for all Time trials. Available in Club Office.
10/12/2011 CLUB MEET	2011 Victoria Park Christmas Carnival "This is a Club nominated meet – so we want to see as close to 100% attendance across all squads!"	Manual entries (available in Club office & on Club website) Due to the club office by 9.30am Sat 26/11/2011
11/12/2011 SOCIAL EVENT	Stingrays Xmas Party – across all Squads	TBA
13/12/2011 CLUB TIME TRIAL	Time Trial #6	By completing season entry card for all Time trials. Available in Club Office.
17/12/2011 - 19/12/2011 QUALIFYING TIMES	2011 Swimming WA Metropolitan Championships "Compulsory for all qualifiers"	Online entries due by 5.30pm Mon 5/12/2011 via Swimming WA Website
20/12/2011 CLUB TIME TRIAL	Time Trial #7 - Xmas Break-up party @ Aqua Jetty	By completing season entry card for all Time trials. Available in Club Office.
January 2012		Entry Method & Due Date!
02/01/2012	Swimming WA Open Water Swim Series 5	Online entries due by 5.30pm Mon 24/12/2011 via Swimming WA OWS Website
03/01/2012 CLUB TIME TRIAL	Time Trial No 8	By completing season entry card for all Time trials. Available in Club Office.
10/01/2012	Time Trial No 9	By completing season entry card

CLUB TIME TRIAL		for all Time trials. Available in Club Office.
13/01/2012 ONLY SWIMMERS WHO DO NOT HOLD STATE TIMES	<u>2012 Swimming WA Invitational Swim Meet</u> "Compulsory for all swimmers who do not have a AA time"	Online entries due by 5.30pm Thur 15/12/2011 via Swimming WA Website
16/01/2012 QUALIFYING TIMES	<u>2012 Swimming WA Club Relay Day</u> All 1500m female qualifiers and all 800m Male qualifiers will be swimming state championship events this day. The coaches will decide closer to this event if we are entering teams	Online entries due by 5.30pm Mon 19/12/2011 via Swimming WA Website
17/01/2012 - 21/01/2012 QUALIFYING TIMES	<u>2012 Swimming WA State Open & Age LC Championships</u> "Compulsory for all qualifiers"	Online entries due by 5.30pm Mon 19/12/2011 via Swimming WA Website
24/01/2011 CLUB TIME TRIAL	Time Trial No 10	By completing season entry card for all Time trials. Available in Club Office.
29/01/2012	<u>Swimming WA Open Water Swim Series - Round 6</u>	Online entries due by 5.30pm Mon 23/1/2012 via Swimming WA OWS Website
31/1/2012 CLUB TIME TRIAL	Time Trial No 11	By completing season entry card for all Time trials. Available in Club Office.
February 2012		Entry Method & Due Date!
05/02/2012 CLUB MEET	<u>2012 Rockingham Stingrays Sprints Carnival</u> "This is a Club nominated meet – so we want to see as close to 100% attendance across all squads!" This is also our biggest fundraiser for the year!	Manual entries (available in Club office & on Club website) Due to the club office by 6.30pm Fri 27/1/2012
11/02/2012 CLUB TEAM SELECTION	<u>2012 Swimming WA Club Premierships - B & C Division</u>	These entries will be on selection by club selection panel and entered by the club recorder. Swimmers will be notified three weeks before if they are selected.
14/02/2012 CLUB TIME TRIAL	Time Trial No 12	By completing season entry card for all Time trials. Available in Club Office.
17/02/2012 -19/02/2012 QUALIFYING TIMES	<u>2012 National Age and Open OWS Championships – Champion Lakes , Armadale WA</u> This event is a National swimming competition and we expect several swimmers to qualify. We would love as many Rocky stingrays and families to come down and support their team mates. Great opportunity for our young swimmers to see what they can achieve!	TBA – Online entries Swimming Australia website
21/02/2012 CLUB TIME TRIAL	Time Trial 13	By completing season entry card for all Time trials. Available in Club Office.
25/02/2012	Rottneest Channel Swim	1 st Nov 2011 Online entry via Rottneest channel swim website
26/02/2012 CLUB MEET	<u>Rockingham Dive & Try Meet @ Aqua Jetty</u> "This is a Club nominated meet – so we want to see as close to 100% attendance across all squads!"	Manual entries (available in Club office & on Club website) Due to the club office by 9.30am Sat 18/01/2012
March 2012		Entry Method & Due Date!
03/03/2012 OPTIONAL	<u>2012 Fremantle Port LC Swim Meet</u> "Optional"	Manual entries (available in Club office & on Club website) Due to the club office by 9.30am Thur 16/2/2012
05/03/2012	<u>Swimming WA Open Water Swim Series - Round 7</u>	Online entries due by 5.30pm Mon 27/2/2012 via Swimming WA OWS Website
06/03/2012	Distance Events - Club Championships	Automatic selection – fixed

CLUB QUALIFIERS		program
09/03/2012 - 11/03/2012 QUALIFYING TIMES	<u>2012 Swimming WA End of Summer Sensation</u> "Compulsory for all qualifiers"	Online entries due by 5.30pm Mon 20/2/2012 via Swimming WA Website
17/03/2012 CLUB MEET	<u>2012 Central Aquatic Swim Meet</u> "This is a Club nominated meet – so we want to see as close to 100% attendance across all squads!"	Manual entries (available in Club office & on Club website) Due to the club office by 9.30am Sat 24/2/2012
24/03/2012	<u>Swimming WA Open Water Swim Series - Round 8</u>	Online entries due by 5.30pm Mon 19/3/2012 via Swimming WA OWS Website
25/03/2012 CLUB QUALIFIERS	Sprints & Footscray – Club Championships	Automatic selection – fixed program
April 2012		Entry Method & Due Date!
31/03/2012 - 01/04/2012 QUALIFYING TIMES	<u>2012 Swimming WA Junior Championships</u> "Compulsory for all qualifiers"	Online entries due by 5.30pm Mon 20/3/2012 via Swimming WA Website
14/04/2012 - 15/04/2012 QUALIFYING TIMES	<u>2012 Indian Ocean All Stars Challenge</u> "Optional"	Online entries due by 5.30pm Mon 06/03/2012 via Swimming WA Website
09/04/2012 – 15/04/2012 QUALIFYING TIMES	National Age Championships – Brisbane	TBA – SAL WEBSITE
18/04/2012 - 16/05/2012 SELECTION BY SWA	<u>2011/2012 SunSmart Dive & Try final</u> "Compulsory for all qualifiers"	This meet will be by selection and entries will be input by Swimming WA
28/04/2012 SOCIAL EVENT/ TROPHIES	Rockingham Swim Club – Trophy Presentation Night "Summer Season"	TBA