The Rockingham Stingrays Swimming club is proud to again present...

ROCKINGHAM SWIM CLUB WILL BE HOSTING A DIVE AND TRY SWIM MEET

Saturday, 3rd December 2011

Aqua Jetty in Warnbro, 87 Warnbro Sound Avenue, Warnbro

WARM-UPS AT 9.00AM — START RACING AT 10.00AM

Entries only $2.50 each event — Participation Medals for all Swimmers!

Entries Close on Thursday, 1st December 2011

What are the Dive and Try meets?

Dive and Try is WA's premier junior novice sports program, and has been running in Western Australia for more than 40 years.

Dive and Try encourages junior swimmers to get into swimming through friendly, non-threatening swim meets with modified rules, providing an opportunity to become involved in one of Australia's leading sports.

The meets cater for 6-14 year olds including children with disabilities.

Competition Format

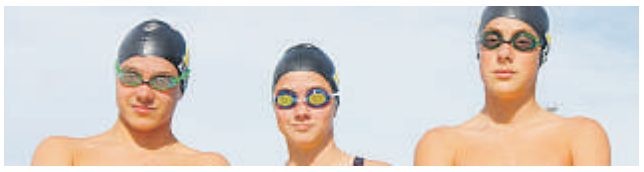
Swimmers enrol to compete in a Club hosted Swim Meet.

All Swimmers will receive a participation certificate and Medal, a Swim Cap and a free sausage sizzle (Drink and Ice cream also included) and a two week free training voucher with the Rockingham Swimming Club.

Conditions of Entry

- Participation certificates and a Dive and Try swim cap will be presented to all swimmers entering the Dive and Try Swim Meets.
- Each swimmer's date of birth must be stated on the entry form. Age must be as at date of swim meet. Swimmers must compete in their age group only.
- Swimmers affiliated to Swimming WA clubs who have achieved AA Qualifying Times in a particular stroke are not eligible to participate in Dive and Try Swim Meets in that stroke at any centre (country or metropolitan). AA Qualifying Times are listed in the Swimming WA almanac.
- Swimming WA affiliated members can only swim at their home clubs Dive and Try Swim Meet.

Our Tadpoles L-R Ethan Stewart(7), Kiara Spencer (7), Christian Silas (6)



Our National Age & Open Water Swimmers: L-R Austin McAleese (14) (Ranked 5th in Australia -13years multiple events, Adeliade SA); Bianca Russell (14) (Ranked 7th in Australia - 13years 5km Open Water, Sydney, NSW); Zac Bevan (13) (Ranked 22nd in Australia - 13years 5km Open Water, Sydney NSW)

Our Club - with over 150 swimmers. Dream, Believe & Achieve is our Motto. Your child can be part of a great club that provides a fun and rewarding environment

Great for confidence with Water Safety, School Swimming Carnivals, Surf Club, Triathlons, Fitness, and Swimming in the Ocean!

Program of Events

1	9yrs Boys 50m Butterfly	26	MC 50m Backstroke	51	13yrs Boys 50m Breaststroke
2	9yrs Girls 50m Butterfly	27	11yrs Boys 50m Backstroke	52	13yrs Girls 50m Breaststroke
3	10yrs Boys 50m Butterfly	28	11yrs Girls 50m Backstroke	53	14yrs Boys 50m Breaststroke
4	10yrs Girls 50m Butterfly	29	12yrs Boys 50m Backstroke	54	14yrs Girls 50m Breaststroke
5	MC 25m Butterfly	30	12yrs Girls 50m Backstroke	55	6yrs Boys 25m Freestyle
6	MC 50m Butterfly	31	13yrs Boys 50m Backstroke	56	6yrs Girls 25m Freestyle
7	11yrs Boys 50m Butterfly	32	13yrs Girls 50m Backstroke	57	7yrs Boys 25m Freestyle
8	11yrs Girls 50m Butterfly	33	14yrs Boys 50m Backstroke	58	7yrs Girls 25m Freestyle
9	12yrs Boys 50m Butterfly	34	14yrs Girls 50m Backstroke	59	8yrs Boys 50m Freestyle
10	12yrs Girls 50m Butterfly	35	6yrs Boys 25m Breaststroke	60	8yrs Girls 50m Freestyle
11	13yrs Boys 50m Butterfly	36	6yrs Girls 25m Breaststroke	61	9yrs Boys 50m Freestyle
12	13yrs Girls 50m Butterfly	37	7yrs Boys 25m Breaststroke	62	9yrs Girls 50m Freestyle
13	14yrs Boys 50m Butterfly	38	7yrs Girls 25m Breaststroke	63	10yrs Boys 50m Freestyle
14	14yrs Girls 50m Butterfly	39	8yrs Boys 50m Breaststroke	64	10yrs Girls 50m Freestyle
15	6yrs Boys 25m Backstroke	40	8yrs Girls 50m Breaststroke	65	MC 25m Freestyle
16	6yrs Girls 25m Backstroke	41	9yrs Boys 50m Breaststroke	66	MC 50m Freestyle
17	7yrs Boys 25m Backstroke	42	9yrs Girls 50m Breaststroke	67	11yrs Boys 50m Freestyle
18	7yrs Girls 25m Backstroke	43	10yrs Boys 50m Breaststroke	68	11yrs Girls 50m Freestyle
19	8yrs Boys 50m Backstroke	44	10yrs Girls 50m Breaststroke	69	12yrs Boys 50m Freestyle
20	8yrs Girls 50m Backstroke	45	MC 25m Breaststroke	70	12yrs Girls 50m Freestyle
21	9yrs Boys 50m Backstroke	46	MC 50m Breaststroke	71	13yrs Boys 50m Freestyle
22	9yrs Girls 50m Backstroke	47	11yrs Boys 50m Breaststroke	72	13yrs Girls 50m Freestyle
23	10yrs Boys 50m Backstroke	48	11yrs Girls 50m Breaststroke	73	14yrs Boys 50m Freestyle
24	10yrs Girls 50m Backstroke	49	12yrs Boys 50m Breaststroke	74	14yrs Girls 50m Freestyle
25	MC 25m Backstroke	50	12yrs Girls 50m Breaststroke		

SunSmart Dive and Try Swim Meets Entry Form

Competitor's Surname: First Name:

Parent/ Guardian Name:

Address:

Suburb: Post Code:

Phone: Mobile:

E mail:

Date of Birth:

Male / Female: Age As At Date of Meet:

Who Representing

Swimming Club (If Applicable):

School:

Learn to Swim Centre:

Event Number	Event	Best Time
e.g. 3	10 yrs Boys 50m Butterfly	55.27
OR		
e.g. 28	11 yrs Girls 50m Backstroke	First time swimming

To enter please cut out entry form and mail entry form and payment to Rockingham Swim Club PO Box 8203 Warnbro Fair Post Office Warnbo WA 6169 ph 0404 018 215 Sharon or 9593 4000 club office